



REFORMS, RESULTS AND ACHIEVEMENTS IN THE SPORTS FIELD IN MIRISHKOR DISTRICT IN THE CONDITIONS OF NEW UZBEKISTAN

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ABSTRACT	KEYWORDS
<p>This article analyzes sports and cultural events held in Mirishkor district and other regions during 2022–2023. The aim of the study is to highlight youth involvement in sports and arts, the promotion of a healthy lifestyle, and achievements in international competitions. The methodology relies on factual analysis of events, competition results, and examples of winners. Findings indicate that the district produced 5 world champions, 5 national champions, and 47 athletes who won prizes in international tournaments. The discussion emphasizes the role of government policy, local authorities, and coaches in fostering sports and culture. In conclusion, the case of Mirishkor district demonstrates that youth sports and cultural development are key drivers of social progress.</p>	<p>Mirishkor district, Five Initiatives Olympiad, Table tennis competition, Namangan region, Pahlavon Mahmud sports palace, Amonov Tolib, Aliyeva Dildora, Toychiyeva Nodira, Toychiyeva Zebiniso, Toychiyev Jaloliddin, National wrestling, Kupkari competition, Shohruh Mamedov, IBSA Judo Tokyo, World champion, Uzbekistan championship, Taekwondo ITF, Uzbek martial arts, Contribution to homeland progress, Independence era sports achievements.</p>

Introduction

During the years of independence of Uzbekistan, systematic measures have been taken to develop physical education and mass sports. The example of Mirishkor district shows that the activity of young people in the fields of sports and culture has increased, and international achievements are being achieved. Events such as the Five Initiatives Olympiad, the IBSA Judo Tokyo Tournament, the National Kurash and Kopkari Competition held in 2022–2023 have become an important factor in attracting young people to sports. The purpose of the study is to analyze the social significance of sports

and cultural events in Mirishkor district and to show their contribution to a healthy lifestyle of young people.

Research methodology

The towns of Chandir, Jeynov, Mirishkor of the Mirishkor district of the Kashkadarya region are distinguished by the literary environment of the district, the state of physical education and sports, as well as the history of the development of the district in the socio-economic and cultural spheres during the years of independence. The activities of the Culture and Recreation Center, 2 cultural and recreational parks, 2 stadiums, 15 sports fields, a children's and youth sports school, and the "Barkamol Avlod" children's school are also considered important.

Results and discussion

The republican stage of the table tennis competition within the framework of the second season of the Five Initiatives Olympiad in 2022 was held in Namangan region. 100 participants took part in the final stage held at the "Pahlavon Mahmud" sports palace, competing in 3 age categories. According to the final results of the "V" league, Amonov Tolib, a resident of the "Oqmachit" neighborhood, took an honorable 2nd place in the republic in the table tennis category in the 22-26 year old category and received a 2nd degree diploma, valuable prizes, and a certificate worth 200 million soums for the construction of a workout sports ground for his neighborhood.

Also, among girls aged 16-21, Aliyeva Dildora Tursunpulat kizi took 3rd place in the region. Among girls aged 22-26, Toychiyeva Nodira Farhod kizi took 1st place in the region. Among girls aged 27-30, Toychiyeva Zebiniso Farhod kizi took 2nd place in the region. Among boys aged 27-30, Toychiyev Jaloliddin Farhod oglu took 1st place in the region. Deputy district governors Anvar Sarikov and Ulash Cholliyev presented the district governor's gifts to the athletes, their coach and youth leader.

At the national wrestling competition organized in Pamuk, district governor Sherali Sanayev, head of the Internal Affairs Directorate Musurmon Boriyev, and first deputy governor Khurshid Sharopov were presented with letters of gratitude from the head of the National Guard Department, Umid Azimov, for their active involvement in attracting young people to regular physical education and sports, and for their active participation in promoting a healthy lifestyle in society.

A horse riding competition dedicated to the adoption of the Constitution on December 8 was held in the village of Gulistan. More than 100 famous horse riders from the local and neighboring regions participated in the competition.

On Sunday, December 11, 2022, the "IBSA Judo Tokyo Open Tournament" international open judo competition among the blind was held in the sunny country of Japan. The national champion from Mirishkor, Shohrukh Mamedov, who participated in this competition, defeated all his rivals in the 73 kg weight category and became the World Champion. The head of the district awarded a cash prize of 15 million soums and valuable gifts.

Due to the attention paid to youth sports in Mirishkor district, 5 world and 5 national champions have emerged. In 2022, 47 athletes from Mirishkor won honorable places in national, Asian and world competitions. In particular, five young world champions, two winners of international competitions, and three Asian champions. Two young people also took 2nd place and two 3rd place in Asian competitions.

Five athletes from the district have become national champions. Also, 16 have taken pride of place in the championships of Uzbekistan, and two have won the Cup of Uzbekistan. The district has produced world champions such as Mukhtorali Murtozayev, Nodir Samandarov, Sherbek Azamatov, Sarvar Ruziyev, and Shohrukh Mamedov.

The championship was achieved in competitions held in the following sports: Taekwondo ITF, Usmanov Combat Systems, Uzbek martial arts, table tennis, karate, wrestling, judo, wushu sanda, and parajudo.

On December 17, 2022, the district stage of the Republican competition "My Contribution to the Development of the Motherland" was held in cooperation with the district division of the Republican Center for Spirituality and Enlightenment, the district division of the Youth Affairs Agency, the district Department of Culture, and the Children's Music and Art School No. 21 in the district. This competition was held in three directions:

It was held in the following categories: 1. Fine and Applied Arts,

2. Literature and Journalism,

3. National Status and National Variety, and the winners who won first place in these categories received a ticket to participate in the regional stage of the competition.

In Mirishkor district, a series of events have been launched to provide youth with meaningful leisure time under the slogan "Our Initiative, Our Talent, Our Strength - For the Motherland" until March 20, 2023. The event was organized in cooperation with the district administration, the prosecutor's office, the State Security Service, the Internal Affairs Department, the youth affairs department, the sports department, and the culture department, and competitions in national wrestling, Uzbek martial arts, table tennis, and chess began.

Dedicated to the 32nd anniversary of the independence of the Republic of Uzbekistan, the regional championship in the Uzbek martial arts was held at the regional martial arts school in August 2023. The following 18 students of the Mirishkor district sports school, coached by Asila Turayeva, won honorable places in the competition:

1st place:

Bobokulov Otabek - 5 years old, 18 kg weight,

Tursunpulatova Shukrona - 6 years old, 20 kg weight,

Shokirova Rukhshona - 5 years old, 18 kg weight,

Mu'minov Ozodbek - 11 years old, 30 kg weight,

Ergasheva Ezoza - 13 years old, 36 kg weight,

Shoymardonava Gulnoza - 15 years old, 48 kg weight,

Chuyanova Gulsevar - 13 years old, 50 kg weight,

Bekmurodov Dilshodbek - 14 years old, 30 kg weight

2nd place:

Panjiyev Mamarasul - 6 years old, 18 kg weight,

Saidov Javohir - 10 years old, 30 kg weight,

Rustamov Ozodbek - 11 years old, 36 kg weight,

Khaydarov Mukhammadali - 14 years old, 40 kg weight in weight,

Khusanov Azizbek — 16 years old in weight 57 kg

3rd place:

Shokirov Nomozbek — 5 years old in weight 18 kg,

Ochilov Shakhboz — 7 years old in weight 22 kg,
Niyozkulova Farzona — 8 years old in weight 24 kg,
Tolmasov Diyorbek — 12 years old in weight 32 kg,
Sadikov Bakhtbek — 12 years old in weight 30 kg

Conclusion

During the years of independence, the necessary conditions were created to restore the rich cultural heritage of our people, to develop the existing centuries-old traditions of high spirituality, national identity and folk traditions by all means, to build a society of physically healthy, spiritually mature and comprehensively developed individuals. Special attention was paid to more fully satisfying the cultural and aesthetic needs of the population, to developing theater, music, fine arts and other types of art, to providing comprehensive assistance to creative teams in creating works that reflect the brightest pages of the history and current life of our people, the free democratic development of our country. Systematic and goal-oriented measures were taken to develop physical education and mass sports. An effective system of training skilled athletes capable of worthy defense of the honor of Uzbekistan and achieving high achievements in prestigious international competitions was created.

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