

## THE CONTENT AND ESSENCE OF THE SERVICE OF A PSYCHOLOGIST IN PROFESSIONAL EDUCATION

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A B S T R A C T	K E Y W O R D S
<p>In this article, the organization of psychological service activities in professional education, including the use of modern information and communication technologies in work activities, to increase the efficiency of the work of directing students to the profession, the abilities, skills, interests and to help them choose the right profession based on their professional inclinations, to psychologically monitor the personal, mental and social development of students at different ages, to identify psychological defects in education, to determine what happens in their mental development prevention of any possible negative deviations, early diagnosis and recommendations.</p>	<p>psychological service, correction, prevention, psychological consultation, psychological-pedagogical diagnosis.</p>

### Introduction

Today, in order to create a new Uzbekistan, fundamental reforms are being carried out in the education system as well as in all areas. Extensive work has been carried out to improve the quality of education and increase the honour and reputation of teachers. In particular, effective pedagogues Great attention is being paid to creating conditions for working and ensuring material well-being. Creating a foundation for a new renaissance in Uzbekistan through educational reforms requires determining the priorities for the development of the field of pedagogy. On August 14, 2018 Based on the decision of the Cabinet of Ministers in order to ensure the implementation of the decision No. 3907, as well as to further improve the system of psychological and pedagogical support for students in general secondary and secondary special state educational institutions.

Ministry of Public Education of the Republic of Uzbekistan and the Ministry of Higher and Secondary Special Education for the purpose of improving the system of psychological and pedagogical support for students of general secondary and secondary special educational institutions the proposal to organize psychological services in institutions was approved.

### The purpose of the psychological service is as follows:

The purpose of the psychological service is to protect the health of students during their spiritual and mental development, formation as a well-rounded person, active social adaptation and development in their youth, self-awareness in the process of continuous education, individual psychological

characteristics, personal capabilities and is to create psychological and pedagogical conditions for them to show their abilities.

## **The main tasks of the psychological service:**

High-quality organization of psychological service activities in educational institutions, including increasing the effectiveness of the work of guiding students to the profession by applying modern information and communication technologies to work;

to help students choose the right profession based on their abilities, skills, interests and professional inclinations;

to psychologically monitor the personal, mental and social development of students at different ages, to identify psychological defects in education, to prevent any negative deviations that may occur in their mental development; correction of situations where students cannot adapt to the social environment of the educational institution, organization and implementation of measures for their social rehabilitation;

creation and maintenance of a healthy psychological environment in pedagogical teams, correction of the emotional states of team members, interpersonal relations and conflicting behaviour, improvement of their psychological culture;

identify gifted and talented students, study their individual-psychological, physiological characteristics and interests, create conditions for them to demonstrate and develop their abilities;

carrying out activities aimed at preventing the danger of informational and psychological attacks, the negative impact of the Internet global information network, the penetration of "mass culture" that threatens the education of young people;

to help increase the psychological and pedagogical knowledge of pedagogues, students and parents, to ensure the effective cooperation of pedagogues, parents and public organizations

## **Main directions of psychological service activities**

The following are the main directions of psychological services:

psychological enlightenment and propaganda;

psychological and pedagogical diagnosis;

psychological prevention;

psychological correction;

psychological counselling;

career guidance.

The main areas of psychological service include the following:

*a) in the direction of psychological enlightenment and propaganda:*

to improve the psychological literacy and competence of the pedagogical team, class leaders and parents, to provide recommendations on family relations, personal hygiene and healthy living through an individual approach to each student, and to provide preliminary psychological and pedagogical knowledge and concepts;

organizing individual and collective conversations, consultations, seminars and trainings with students, teaching staff, parents, delivering lectures at various meetings, as well as imparting psychological knowledge through mass media;

*b) in the direction of psychological-pedagogical diagnosis:*

the participation of students in the educational process, their reaction to each situation, event, and phenomenon based on new methods of psychological-pedagogical diagnosis, to study, analyse and give necessary instructions;

to determine the main trends in students' interests, inclinations, talents and abilities;

to identify, study, analyse and develop recommendations for the dynamics of psychological adaptation and development of students admitted to the educational institution, the conditions of students' preparation for study, learning and development;

to monitor, analyse, organize correctional trainings, adaptation of students who have passed to the next stages of the educational institution to a new social environment, learning activities, dynamics of acquiring knowledge, skills and qualifications, personal qualities, interpersonal relations formation;

through psychological-pedagogical diagnoses, questionnaires, interviews, to determine the students' professional abilities, interests and inclinations to learn science, to help them consciously choose a profession, to continue their studies at the next stages of education provide recommendations and guidance to students and parents for;

identifying the type of problem, grouping and conducting correctional work with students who have socio-psychological problems and low mastery of subjects by conducting psychological-pedagogical diagnoses, questionnaires, interviews;

*c) in the direction of psychological prevention:*

development of recommendations for educational staff and parents on prevention of all negative situations and tendencies in students;

providing assistance in eliminating psychologically damaging factors in students' interactions with peers and adults;

participation in preventive activities for the prevention of delinquency and crime among students;

prevention of negative situations in students' behaviour, prevention of mental shock, conflict, negative emotional experiences;

psychological support for students with disabilities in terms of health;

organization of meetings, conversations, seminars-trainings, discussions and open dialogues, presentations and video screenings with local government authorities, health care, citizens' self-government and law enforcement officials, parents transfer;

*g) in the direction of psychological correction:*

students who have difficulty in choosing an education and profession, conduct individual and collective correctional work on solving problems related to the motivational sphere of the person;

providing psychological rehabilitation of orphans and children deprived of parental care;

as a specialist, to react to information about the psychological state of the student, to carry out corrective work with students who have negative situations in their education;

development of cognitive activity and interests of students in the process of education, correction of their intellectual passivity;

organization of events in the form of games, communication, conversation, training, exercises and training involving parents and pedagogical staff individually or collectively;

*d) in the direction of psychological counselling:*

providing advice to all participants of the educational process on solving problems in the individual development of students;

giving advice to students regarding problems related to education, determining their future, and their relationships with peers and adults;

organization of practical consultations on the characteristics of students' mental development, their formation as individuals, the status of interpersonal relations, their age, gender, and individual-typological characteristics;

*e) in the direction of career guidance:*

providing students with information about various professions, specializations, professional positions, educational institutions where it is possible to acquire the chosen profession, specialization, and the requirements of the profession for a person, his physical, psychological and personal qualities, health; to identify and assess students' knowledge (in academic subjects, science) and professional (professions, specialties), motivations for choosing a profession and professional plans;

helping students to choose a profession and educational institution, taking into account their individual characteristics and labour market requirements, education and future employment opportunities;

formation and development of students' work skills, interest in professions, hard work, diligence and responsibility.

A psychologist is a necessary specialist for children, their parents and employees of the organization. As a psychologist works with children, parents should not worry about it, because he is not a doctor, he does not diagnose. The task of a pedagogue-psychologist is completely different, first of all, he studies the character of the child, his psyche, fears, helps to solve the problems of his adaptation to professional education and communication with his peers.

The psychologist works in cooperation with pedagogues and parents. The family is a wonderful place that serves as the main fortress for the development of a child. A child perceives peace depending on the family environment, and it is one of the main tasks of parents to achieve peace in the family as much as possible.

If a parent treats his child with respect, respects his feelings and views, it increases the child's self-confidence. A child raised with love will also love others and have a sincere relationship. Dear parents, children are a great blessing, our future. It is useful for all of us to pay attention to them.

To sum up, in the professional education, the quality of the psychologist's service activity is organized according to the abilities, skills, interests of the students, as well as the organization of activities for adaptation to the profession, social rehabilitation, psychological-pedagogical diagnoses, questionnaires, interviews, seminars. We would achieve many results if we organize trainings, debates, open dialogues, individual work, work together with pedagogic staff and parents, develop recommendations for them, and further develop psychological knowledge and culture. At this point, it will be appropriate to popularize the seminars and trainings organized by psychologists and to create methodical manuals on the organization of psychologist services in professional education.

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