



THE ROLE OF PUZZLES IN DEVELOPING MENTAL ACTIVITY

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ABSTRACT	KEYWORDS
In this article, how to use riddles to increase children's ingenuity and mental activity, ways to use riddles to eliminate speech defects, and recommendations for parents.	folklore, riddle, thinking ability, speech, logical thinking, compare and contrast, the content of the riddle, verbalization, memorization, memory.

INTRODUCTION

Over the years, the need to comprehensively develop children from an early age is one of the issues that has been confirmed. There are many different district methods for the development of children of preschool age. The most used of these methods are plasticine, legos, various didactic games, modern technical tools, etc. But the methods and tools used in pedagogy were able to show good results in the child's development even in the period when such modern methods did not exist. On the one hand, there were various games that could attract the child, and on the other hand, develop his thinking. The puzzle game is one of them. Along with fairy tales, riddles and quick sayings are widely used in the educational process. Elementary school textbooks include proverbs, riddles and quick sayings covering several topics and objects, which are of great importance in the development of students' logical thinking. In developing logical thinking, finding answers to riddles is equal to solving mathematical problems and examples. When each riddle is told, the student is forced to use his mind and think. Pupils try to find answers to riddles by comparing and contrasting them. By reading the text of the riddle, the students first of all learn the characteristics of the riddle genre and acquire the skills of correct reading. In finding the answer to the riddle, he focuses on the hidden symbols, objects, and events.

RESEARCH MATERIALS AND METHODOLOGY

It should be remembered that all riddles are written in an unusual language - vernacular and figurative language, which enriches the vocabulary of the child, and sometimes gives the child indescribable pleasure. Even in folk riddles, a lot of different metaphors, images, turns of speech are a tool that automatically activates the child's brain and teaches him to think completely outside. It certainly helps the child to understand various subjects at a slightly mature age. The form of play that exists in each puzzle is interesting for children: for a child it is fun, but this fun teaches understanding of the world and figurative thinking. For example, before asking folk riddles, it is necessary to sort them by their level of difficulty. The younger the child, the easier and more understandable the level of the

riddle should be. For example, one of the famous riddles: there is a pak-pakana, there is a seven-story roof.

Cabbage is featured very well in this puzzle and it's fun for kids to focus on getting the riddles right and the next time they try to find the answer to the riddle by making their own similarities and guesses. Riddles-rhymes develop children's sense of rhythm, in which children acquire the first experience of communicating with poetry, albeit very simple. In addition, several such riddles and the child himself may begin to try to find rhymes and write his first simple poems.

RESEARCH RESULTS

Riddles that increase ingenuity and ingenuity are another type that awakens the habit of intuition and thinking in a child. A typical example would be asking a child which hand to use to stir the sugar into the tea. Children can answer like this - with the right or left hand, but after hearing the answer, he will be very pleased and will remember the correct answer for a lifetime. After that, he carefully searches for the answer to each question and tries to find an unusual answer. It is one of the important tasks of us adults to educate children's thinking and speaking skills, to give them as much information as possible about the world around them in a playful way, to teach them to think broadly and to prepare them for the next life. The more rich and correct the child's speech is, the easier it is for him to freely express his thoughts, the wider his ability to know reality. Future relationships with children and adults, his actions will be full of personality, on the contrary, the child's incomprehensible speech complicates his relationships with people and often leaves a heavy mark on his character. At the age of 5-6, children with a speech defect feel this defect very hard, they become shy, withdrawn, and sometimes even very nervous. Such children can be observed showing aggression towards their peers and sometimes adults. Our task in such cases is to fully educate the child's personality. For this, it is necessary to create conditions for the child to communicate freely with the team. It is necessary to create a foundation for children to learn their native language as quickly as possible, to speak correctly and beautifully.

DISCUSSION AND RESULTS

When finding answers to riddles, students think independently, they need to find quick and correct answers. Riddles are read or memorized in reading lessons, students think and find the answer. Such riddles include riddles with a simple text. Riddles can also be written on cards and distributed, where students are told to find the answer to the riddle. students begin to find the answer to the riddle, and after finding it, this student reads the riddle aloud to the class, and then the answer is announced. This method is very useful, all students in the class listen to the riddle with attention, peace is created in the lesson, and the ground is created for the non-assimilating students to think and participate in the lesson.

CONCLUSION

In conclusion, it can be said that practicing riddles in the form of games that you can use at home will help to develop correct pronunciation, help to reflect the sound, semantic, grammatical content of the word, which will help the child to go to school helps the preparation process. Along with the growth of the child's ingenuity, it is possible to observe the growth of connected speech. By giving a riddle, you can turn the riddle into a more interesting activity by asking different questions.

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