



## **THE ROLE OF MUSIC IN SOCIAL LIFE**

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### **ABSTRACT**

This article analyzes the role of. Music in social life, it's significance in shaping human psychology, culture heritage, national pride and social unity. The influence of music on literature, philosophy and historical processes is examined through the ideas of great thinkers and examples from literary works. Music is evaluated as an important factor influencing human progress.

### **KEY WORDS**

Music, society,  
culture, psychology,  
literature,  
philosophy, social  
unity.

### **INTRODUCTION**

Music has always played an important role in the history of mankind. It is not only a form of art, but also a means of influencing various spheres of social life. Great thinkers Aristotle, Abu Ali ibn Sina and Alisher Navoi emphasized how music affects the human psyche and social relations. Also, music is reflected in works of art as one of the important aspects of human life. This article analyzes the role of music in social life from a historical, philosophical and literary point of view.

### **The main part. Music is the presence of the soul**

Somewhere I hear someone say, "Music is not halal." But which reliable source says so? Can you imagine a life without music? Can you spend your weddings, events, happy days without music?

Music is the silence of the heart, the cry of the soul. It speaks without words; it speaks in silence with melodies. It is invisible to the eye, but it has the power to make the heart tremble. If a person's heart beats, then he needs to feel music. Music is pure like a stream flowing from the heart of nature, warm like the rays of the sun, soft like the rustle of leaves in the wind. If nature remained silent, life would have lost its meaning. Similarly, without music, the human heart would be left in the darkness of silence.

Music is an invisible light, audible colors, a silence that thrills the heart. Sometimes, where words fail, a single melody of music can explain the whole world. Sometimes, only a melody can understand the tears flowing from the eyes. Sometimes, the most beautiful expression of happiness in the heart is a single melody. Music turns a person away from evil and leads to goodness. After all, we first heard the kind words that are deeply embedded in our hearts from our mother, in musical melodies. If we reject music, we will reject the love that was first poured into our hearts...

A life without music is a spring without flowers, a sky without birds, a night without stars. It gives color to life, melody to the heart, and elevation to the soul. As long as music lives, the human spirit is alive! We do not call the language itself bad just because some ugly words defile the language. Even

if some dirty waters make the banks of the river dirty, we do not call the river poison. Similarly, to discredit the entire art of music because of some impure songs is like blaming the sun for the darkness of the dawn. Music is a divine gift, the melody of the heart, the quiet radiance of life. If it leads to evil, then the fault lies not with music, but with the hands that use it incorrectly. There are thorns among the flowers, but no one destroys the garden because of it. Good music purifies the soul, brings light into the heart, and leads a person to heights.

Even though some illogical songs today pollute the language and taste, true art still resonates in its pure and beautiful melody. Because true music is a divine miracle, a melody that descends from heaven and reaches the hearts!

## **Music is an expression of national culture and national pride**

Music is an art form that reflects the national identity of each people. For example, the art of makom of the Uzbek people embodies the spirit of the nation, its spiritual heritage and historical traditions. Alisher Navoi highly appreciated the place of music in human education, showing it as a means of spiritual purification: "Music is the highest form of spiritual education, it softens hearts, leads a person to goodness" (A. Navoi, "Khamsa". Tashkent. Nahriyot named after Gafur Ghulam). Aristotle also said the following about the influence of music on human moral education: "Music teaches us to distinguish between good and evil." (Aristotle from "Politics").

Therefore, music is not only a type of art, but also a factor serving the moral and cultural development of society.

Music unites society: Any good day, wedding or event cannot pass without music. Songs serve to raise people's spirits, spiritually unite, pass on the musical traditions of the people from generation to generation, and present the culture of our people to other nations. When you add a little melody and music to the words of poetry, they penetrate deeper into the human heart and their impact is enhanced, compared to just hearing the words themselves.

## **Music and fiction**

In many literary works, music has been used as a means of reflecting social life. For example: in Chingiz Aitmatov's novel "A Day of the Century", the dutar is described as a means of expressing the human psyche and national traditions. (Chingiz Aitmatov, "A Day of the Century").

In Utkir Khashimov's work "The Works of the World", music is used as an image reflecting the most delicate and important moments of human life. In Leo Tolstoy's novel "Anna Karenina", music serves as a means of revealing the inner world of the characters. For example, when Anna plays the piano, her emotional state is revealed: her memories pass through her mind one by one under the sway of the melodies. Music also plays a symbolic role in the relationship between Anna and Voronsky. (Leo Tolstoy. "Anna Karenina").

These examples from literature show that music is not just an art form that provides aesthetic pleasure, but also a means of revealing deeply meaningful aspects of human life. The effect of music on human health. Music has a strong effect on human mood, emotions and psyche. Abu Ali ibn Sino emphasized the use of music in medicine and considered it a means of treating mental illnesses. He said that different melodies are healing for different illnesses. Melodious and evenly balanced music reduces heart rate; light and calm music reduces nausea or headaches; he also said that music therapy can be used to treat heart disease, blood pressure and insomnia. (Abu Ali ibn Sino. ., The Laws of Medicine").

Today, music therapy is widely used to treat depression, stress and even neurological diseases. For example: Ludwig van Beethoven composed his 9th symphony after he became deaf, which proves that music is a source of inspiration for the human psyche. According to scientific research, Mozart's works help develop children's thinking and memory. These examples prove the ability of music to directly affect the human mind and psyche. Jazz music, loud and excessively fast-paced music can also have a negative effect on health. Through these thoughts, we can know to what extent music also affects the human psyche and health.

### **Music is a force for social cohesion and historical change.**

Music also plays an important role in the social life of society. For example: During World War II, songs like "Katyusha" provided morale boost to soldiers. The reason: the fact that the song is in a marching tempo gives soldiers courage and energy, while the fact that it depicts victory in the war gives motivation and confidence.

During the years of Uzbekistan's independence, the song "O'zbekistonim" (My Uzbekistan) formed national pride and unity. It called on the people to unite and love their homeland. These examples reveal the influence of music on historical processes.

### **Conclusion**

Music is an integral part of human life, it plays an important role in the development of culture, spirituality, psyche and society. The influence of music on human life has been proven through great thinkers and works of art. It is not only a form of art, but also a factor in shaping social unity, national pride and moral education. Therefore, music serves as an important tool for the development of society.

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