



IMPLEMENTATION OF PSYCHOLOGICAL SERVICES IN PRESCHOOL EDUCATION: SCIENTIFIC AND PRACTICAL APPROACHES

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ABSTRACT	KEYWORDS
<p>This article is devoted to the study of scientific and practical approaches to the introduction of psychological services in preschool educational institutions. The article analyzes the importance of psychological services in preschool education, the scientific basis of their introduction, and practical experiences. The positive impact of psychological services on the development of children, the importance of cooperation with parents and educators, as well as methods of effective organization of psychological services are highlighted. The results of the article suggest recommendations aimed at the further development of psychological services in the preschool education system and their quality improvement.</p>	<p>Preschool education, psychological service, child development, scientific foundations, practical approaches, psychological support, cooperation with parents, quality of education.</p>

Introduction

Preschool education is an important period for children's intellectual, social and emotional development. During this period, psychological services help meet the various developmental needs of children. This article examines the importance of psychological services in preschool education, the scientific basis of implementation, and practical approaches.

Relevance of the topic. The preschool education system is one of the important stages in the development of children, and during this period it is necessary to create a solid foundation for their mental and physical health, social and emotional development. Therefore, psychological services are very important in the preschool education system. Individual needs of children are identified through psychological services, ways to prevent and solve problems arising in their development are developed.

Goals and objectives. The main goal of this study is to study the scientific and practical aspects of improving psychological services in the preschool education system. To achieve the goal, the following tasks are defined:

1. Determining the importance and necessity of psychological services.
2. To study the state of psychological services in the preschool education system.
3. Determining the characteristics of psychological services for preschool children.
4. Identify ways to improve psychological service.
5. Research of scientific and practical aspects.

Research object and subject. Psychological services in the preschool education system were taken as the research object. The subject of research is scientific and practical aspects of psychological services. Research methods and sources. The following methods were used in this study: literature analysis, questionnaire and interview methods, statistical analysis. The main sources of research are Uzbek scientific articles and books.

Literature review. Importance and necessity of psychological services. Many scientific studies have been conducted on the importance of psychological services in the preschool education system. M.A. Hasanov (2018) in his research emphasizes the importance of psychological services for the development of preschool children. According to him, psychological services have a positive effect on the social and emotional development of children and play an important role in their preparation for school. A.N. Kholmatov (2020) sees the necessity of psychological services in determining the individual needs of children and developing appropriate educational methods for them.

Psychological services in the preschool education system. Research conducted by I. Karimova (2019) provides interesting information about the role and importance of psychological services in the preschool education system. Karimova studies the organization of psychological services in preschool educational institutions and their impact on children's development. As a result of his research, the importance of psychological services for children and their positive impact on their development has been determined.

Features of psychological service for preschool children. There are many studies on the characteristics of psychological services for preschool children. M. Rakhimova (2017) writes about the need to organize psychological services taking into account the age characteristics of children. In his opinion, psychological services for preschool children should be provided taking into account their individual development characteristics. This increases the effectiveness of psychological services.

Ways to improve psychological service. N. Abdurahmonov (2021) conducted a comprehensive analysis of ways to improve psychological services in his scientific works. As a result of his research, it was determined that modern approaches and innovative methods should be used to improve psychological services. At the same time, A. Toraev (2022) emphasizes the importance of improving the qualifications of personnel and their constant retraining in the improvement of psychological services.

Scientific and practical aspects. Many studies have been carried out on scientific and practical aspects. A. Akbarov (2020) researches the scientific foundations of psychological services and examines the problems that arise in their implementation. As a result of his research, it was determined that scientific approaches should be widely used to improve the effectiveness of psychological services. B. Kholboyev (2019) studies the practical aspects of psychological services and emphasizes their importance in the educational process.

Research methods and approaches. The following methods were used in this study: literature analysis, questionnaire and interview methods, statistical analysis. Existing scientific works related to the topic were studied through literature analysis. The state of psychological services in the preschool education system and their effectiveness were studied through questionnaire and interview methods. Statistical analysis was used to analyze the obtained data and draw conclusions based on them.

Implementation of research and obtained data. The study was conducted to determine the state of psychological services and their effectiveness in preschool educational institutions. Among the institutions that participated in the study were several kindergartens in Tashkent. A total of 100

educators and psychologists participated in the survey. Heads of pre-school educational institutions took part in the interviews.

Research object and sample. Pre-school educational institutions in Tashkent and their psychological services were taken as the research object. The research sample consists of educators, psychologists and leaders in these institutions.

Research Results

The results of the study provided interesting information about the importance of psychological services in the preschool education system and their effectiveness. As a result of the surveys, the positive impact of psychological services on children's development was determined. As a result of the interviews, it was determined what measures should be taken to improve psychological services. Analysis of results. As a result of the analysis of the obtained results, the current state of psychological services in the preschool education system and their development directions were determined. According to the results, in order to increase the effectiveness of psychological services, it is necessary to improve them and use modern approaches.

When the results of the research were compared with other scientific works, it was found that the obtained results are consistent with many studies. For example, M.A. There are similarities with the results of the studies of Hasanov and I. Karimova, which once again confirms the importance of psychological services in the development of children.

The scientific significance of this study is that it scientifically examines the importance and effectiveness of psychological services in the preschool education system. The practical significance is that using the results of the research, it is possible to improve psychological services and organize them effectively.

There are some limitations of the study, among which it can be noted that the study area and sample are limited. For future studies, it is recommended to expand the study area and study more samples. It is also important to research modern psychological methods and technologies.

Conclusions and Recommendations

The introduction of psychological services in preschool education has a great impact on the intellectual, emotional and social development of children. This article examines the importance of psychological services, the scientific basis of implementation, and practical approaches. In order to effectively organize psychological services, it is necessary to use approaches developed on the basis of scientific research and practical experience. This has a positive effect on the development of children and helps to improve the quality of preschool education.

The results of the study showed the importance and effectiveness of psychological services in the preschool education system. Psychological services play an important role in the development of children, and modern approaches and methods are necessary for their effective organization.

Practical Recommendations.

The following practical recommendations are given to improve psychological services:

1. Application of modern methods and technologies in the organization of psychological services.
2. Constant improvement of psychologists' qualifications and their retraining.

3. Taking into account the individual needs of children to improve the effectiveness of psychological services.

Directions for future research

The following areas are recommended for future research:

1. Studying new methods to improve the effectiveness of psychological services.
2. Further development of personnel training system for improvement of psychological services.
3. Integration of modern psychological technologies into the system of preschool education.

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