



TECHNOLOGY OF AIM DEVELOPMENT OF CHILDREN'S MOTIVATION POTENTIAL IN PRESCHOOL EDUCATIONAL INSTITUTIONS

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ABSTRACT	KEYWORDS
One of the most important things in raising a healthy child is exercise, movement games, and sports entertainment. When exercising with children, it is important to monitor their health, appearance, mood, fatigue, appetite, and sleep. Every healthy child should have a medical examination 2-3 times a year. Natural and individual development of physical abilities that provide the necessary and sufficient level of development of physical qualities, monitor skills and abilities in the child, providing information on general physical education to preschool children, including mental, technological, achieving the acquisition of moral, ethical and aesthetic values, the actualization of knowledge at the level of basic skills of independent study.	Physical exercise, movement skills, skill, movement games, physical qualities, strength, speed, agility, flexibility, endurance, technological, mental, ethical, ethical, aesthetic.

Introduction

Order of the President of the Republic of Uzbekistan dated September 30, 2017 No. PQ-3305 "Uzbekistan Republic Before school education Ministry activities organize reach on" decision and Uzbekistan Republic President 2016 year 29- PQ-2707 dated December "In 2017-2021, the system of preschool education will be improved improvement measures in accordance with the decision in the country being conducted socio-economic reforms, foreign countries advanced experience and scientific achievements and modern information and communication technologies considering that in the pre-school education system, the meaning is perfect and intellectual education of a developed personality is pedagogical and modern to the educational process information and communication technologies current consists of

Preschool children interest, talent, individual mental and physical characteristics, taking into account cultural needs and spiritual in the child each, which envisages the formation of standards, acquisition of life and social experience to lateral development focused holistic process is considered

A healthy generation means a healthy country. The task of raising a healthy generation and it is primarily the responsibility of pre-school education institutions. Before school humanization of education is the basis of its renewal process. scientists, An increasing number of practicing specialists treat children of preschool age physical bring up system to the individual complex, human effect

conduct, each one of the child regularly and possibility until full physical development the right done increase provide need to to the conclusion that they are coming.

The environment surrounding children is changing. Instead of simple, simple games computer games came in. Intellectual and aesthetic development of the child is a priority profession is doing.

them importance denial did not without to say must mobile games, The child's time to go on walks and communicate with peers is getting less and less. Ūyin and other types of children's activities, between different types of games imbalance (mobile and sedentary, individual and joint) before school age children in health both movement abilities development level too own negative on the contrary finds

Before school age the children physical development problems solution of reaching new ways search, Firstly, shown conflicts solution reach by necessity, and secondly, the physical fitness of the growing young generation and psychic development process improvement laws, methodological and methodical study the conditions necessity with depends.

From this so thought come output: before school education in institutions it is necessary to create a "crossing bridge" of mental and physical readiness for school since the first class student study day order surface which brings serious to stresses endure give will receive let it be

That's it according to before school age the children physically and spiritwellness, of the child movement field develop, agile, strong, brave to strengthen the interest in action based on the vital needs of being finding effective means is an urgent issue. This problem the solution, in our opinion, is the holistic education process, the child's proportional including physical and personal development provider socio-pedagogical conditions unity in creating. In this of children movement activities organize of reaching gameforms the most valuable is counted.

ANALYSIS AND METHODOLOGY

From the moment a child is born, genetic programs of special development enter his blood by given the appropriate sum of physical capabilities deployed will be organs, organism structures biological to be done during personal opportunities develop of a person various physical feature defines.

EA Pimonova, LV Karmanova and information provided by others according to the total recorded in the physical development of children during the last 20 years positive directions (of the body all dimensions magnification) in the background their movement in preparation you don't notice growth observed, one series indicators while (speed, speed-power options) much decreases.

Nevertheless, experts are the target training of physical qualities before school period Beginning need to that they count (EN Vavilova, M. Yu. Kistyakovskaya, AVVolkov, ESVilchkovsky).

Physiological aspects of the development of quality aspects of movement activity of children and adolescents factors muscles and vegetative organs of activity to be managed is manifested in improvement. In short-term, quick and powerful movements more importance is given to improving the management of the activity of the nervous-muscular system. With the improvement of movement functions in some long-term activities together vegetative functions coordination too serious importance occupation is enough. Age dynamics of the development of the main physical qualities of a child VSFarfel, FGKazaryan, LV Karmanova, NAFomin, VPFilin and of others in their work open given Scientists according to child of life sixth year strength (GM Kasatkina, VNNovokhatko, including speed-power abilities and actions quickness (NANotkina, MNKoroleva) educate sensitive period.

At the age of six, the ability to rapidly develop these qualities remains and common endurance bring up possibilities appear will be (NVZimkin, VGFrolov GPYurko, Avyashchenko, VVBeloyartsevaNANotkina and b.). T. Yu. Login according to 5-6 old in children strength, qualities such as endurance, flexibility, and aiming in space are the strongest manifestations will be basically son this in children indicators to the girls relatively higher.

At the age of seven, coordination of movements in regular training is a leading quality being remains. (AIKozlov, LIPenzullaeva, GMKasatkina). also different that the period of the most intensive development of coordination abilities is between 4-5 years of age about data there is (TIOokina LTMayorova (VMZuev etc.)

In this case, repetition of movements, classification and their sizes sex between boys and girls on the indicators of acquisition abilities differences unimportant ie serious it's not. Other indicators (time deficiency conditions movement activities fast change ability, in space target get) seven-year-old boys begin to surpass girls of the same age. However movement coordination abilities many indicators according to son of children obvious superiority only 13-14 to young people come to the eye thrown away (VSFarfel et al). He put forward the problem of complex study of man in ontogenesisScientists attach great importance to the question of the interdependence of mental and motor development they give

Psychic and somatic features unity many specialists note reached were (A.Ts. Puni, AVZaporjets, ATKetkin and b, Yu. F. Zamanovsky and b.).

Actions have an effective effect on all mental activities without exception from many since known. ASVygotzky, MM Koltsova, of GMKasatkina perception with the characteristics of movement activity in children in studies, memory, thinking and the existence of a direct relationship between the manifestation of emotions approved.

RESULTS

Before school age in children physical preparation and psychic processes indicators mutually dependence. Before school education in institutions natural in the circumstances before school age of children physical preparation and psychic processes age-sex dynamics checks we are this indicators between correlative dependence to determine we tried Comparative analysis of correlation coefficients for the description of physical qualities used tests account received without them integration based on done increased.

Such analysis results In Table 3.1 given (Table 3.1). Before school age in children physical of preparation integral positive between indicators and perception during the age periods we are examining dependencies are evident. But the reliable connection is only a four-year-old boy in children perception and flexibility between five old in girls perception and endurance indicators between was determined. Other cases this dependence correlation of the coefficient reliable to the size of have it's not was Options of coefficients the most small indicators six old son in children and three old in girls promptness and of perception integral indicators between manifestation it has been.

DISCUSSION

Physical qualities and mental processes of preschool children more strong development according to classified mobile from the games of use efficiency level to determine directed pedagogical experience materials presentation done Research shows that experience methodology three age, and to a lesser

extent, the mental processes of four-year-old boys and girls development serious effect passes. Pedagogical from experience after psychic processes indicators the most strong growth as follows it has been: three old son in children

– attention, imagination, visual memory; in four-year-olds – visual memory and attention; five at age - to see memory and imagination; six year old - see memory and imagination

The belief that visual memory takes precedence in such a comparison It is not difficult to make. Three-year-old girls see the highest values of growth memory, perception and attention, at the age of four - visual memory, thinking and imagination, at the age of five - visual memory and perception, at the age of six - visual memory and imagination was relevant. So, visual memory also took first place in girls. That's it interestingly, pedagogical experience is at the lowest level: in 3-year-old boys - perception, four in young people - perception, in five-year-olds - imagination and attention, in six-year-olds - hearing influenced the development level of memory. Accordingly, in girls - 3 and 4 year old – to imagination 5 year old – attention 6 year old while to hear in memory of

3-6 old of children different young - gender in groups conducted pedagogical studies different physical of adjectives improvement to the process pedagogical not only the effects of experience, but also changes in them also allowed to determine age characteristics. Special action games indicators of targeted development of physical and mental qualities based on selection efficiency analysis by doing if seen so conclusion release can: such training significantly improved the development of all physical qualities. Pedagogical experience the natural age characteristics of changes in all physical qualities not only to preserve, but in some cases even to accelerate these processes showed that it was possible. It's more about agility and flexibility, at least level endurance, strength and to speed concerned. Movement of the device separately physical from a pronounced heterochronic response to the effects of exercise indicative data obtained. It was shown that even a different test also in the analysis of changes in one or another physical quality based on assignments the degree of reliability varied greatly, with a coefficient of variation of 80% in some cases up to did: this before school age children organism most of the time acceleration process, especially neuromuscular apparatus development acceleration on time physical exercises importance limiter functional in systems series allows us to talk about the strong influence of mechanisms. It is clear that 3-The neuromuscular system of 6-year-old children is still immature, and it is rapidly developing stage.

CONCLUSION

Current time stage before school age the children physical bring up process of improvement eg important scientific and theoretical basics are the following:

- today's in the day Khorezm of the region to himself special climatic and ecological preschool children with conditions related to their characteristics with the actual (existing) state of physical fitness and mental development physical education official in the documents expressing given goals between conflicts;
- before school age the children physical bring up in the system a lot numerous the use of action games, physical qualities, taking into account age and gender hmm psychic processes priority development principle according to them sure without stratification done is increasing.

Literature sources analysis to do that's it shows that there is in studies still to children's movement opportunities in the conditions of preschool educational institutions today's in the day special has been territorial features enough attention not being received.

3-6 old of children young in dynamics physical adjectives and psychico processes development level descriptive of indicators young changes special features analysis reach as a result the following laws defined as:

- in children physical fitness indicators level of development annual dynamics changes heterochronically and on the basis of sexual dimorphism. Boy characteristics of changes in absolute indicators of physical qualities in children one different manifestation won't be. Sex dimorphism especially 4 and 5 year old strength in exploration of possibilities, 5 years of endurance and agility, 3 years of age in flexibility obvious expressed;
- young in dynamics sexual dimorphism elements of children physical readiness indicators growth at their pace reflection reaches;
- average age dynamics of mental processes group indicators as well indicates the presence of sexual dimorphism in preschool children - 3-4 year old memory, attention and of thinking 5-6 year old perception and imagine manifestation in being This young during girls psychic of processes development according to the level son superior to children (imag except);
- psychic processes, no doubt, physical of adjectives development effect shows, but in all cases analyzed the correlation physical qualities With among mental processes sexual dimorphism manifestation will be

Based on theoretical analysis, pedagogical and psychological testing in Khorezm region current direction of physical training in preschool educational institutions and emphasized the development of children's movement opportunities in his practice it was determined that there is a need to make changes. For this purpose, 3-6 years old development of technology for purposeful development of children's physical and mental qualities released Offer done technology before school age of children psychic processes effect show features blind classified mobile use games mean holds

Pedagogical experience that's it shows that all physical adjectives not only preserve the natural age characteristics of the changes, but in some cases even speeding up this process was achieved. It's more about agility and of flexibility development, less endurance, strength and of speed development applies.

The most obvious indicators of mental processes after pedagogical experience expressed growth: in boys from 3 to 4 years old - attention and imagination visual memory, from 5 to 6 years old - visual memory, thinking and imagination; in girls: from 3 to 4 years old - visual memory, thinking and imagination, from 5 years old 6 under the age of – to see memory, perception and the imagination research note when done.

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