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## PHYSICAL EDUCATION TEACHERS AND THEIR ROLE IN ENHANCING LEADERSHIP SKILLS AMONG MIDDLE SCHOOL STUDENTS IN MAYSAN GOVERNORATE

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### ABSTRACT KEYWORDS

This research deals with an important topic in the teaching and educational process in Iraq, which is leadership and its skills. The research aims to identify the role of the teacher of physical education in enhancing leadership skills among middle school students in the city of Amarah, the center of Maysan Governorate, from the teachers' point of view. The research community consisted of (93) The research sample consisted of (80) teachers of physical education for the preparatory stage. The researcher used the descriptive survey method to suit the nature of the research, and a questionnaire was prepared to measure the leadership skills of middle school students, and its validity and stability were confirmed, and the results showed that the role of the physical education teacher was high in enhancing the leadership skills of students, as the results showed There are statistically significant differences among middle school students, and the results showed that there are no statistically significant differences for the educational unit in the governorate in general. The researcher reached a set of results, from which he came out with several recommendations, including the need to hold workshops and training courses for teachers to enhance leadership skills and spread leadership awareness among students to prepare a conscious generation with leadership qualities and skills aimed at benefiting society in general.

Physical education teacher, leadership skills, middle school.

#### Introduction

The school, in addition to the family, plays an important role in raising the person, as it is an important element in building a personality that is beneficial to society, so that each individual performs his required role in the field in which he works and puts the right person in the right place.

Leadership skills have become a basic pillar upon which the educational system relies, and the teacher's understanding of the student's personality has an important role in developing leadership skills.

There are three important factors in leadership in general, which are (the leader, the group, and the situation), and each of these factors is an important aspect to enhance and develop the leadership side

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of the student, and any defect in one of these factors will affect the process of developing leadership skills in general (Al-Lawzi, 2002).

The process of enhancing leadership skills for the middle school stage is considered an important factor for the development and development of the individual's personality in order to achieve the goals of educational leadership through the process of teaching and learning.

The student has an important role in the process of teaching and learning through the successful teacher's leadership of the lesson and his use of teaching methods and strategies that suit the students' abilities, and the teacher's planning and implementation of the teaching method that enhances leadership skills and student behavior, whether verbally or verbally (Al-Adwani, 2014).

#### **Research problem:**

Leadership has an important role in all areas of practical life and public life sometimes, and it has the reason for the success or failure of any mission or duty, especially in this era that is characterized by modernity, rapid change, diversity, and expansion of the scope of work through increasing the number of population and the number of institutions, including educational institutions, and all of this requires leadership A professional who is able to achieve the goals of the institution, and here leadership skills must be mastered and professionalized by the teacher of physical education.

Leadership skills are among the most important foundations of good and empowered leadership, through which a leader can succeed in his duties by influencing others and having a successful method of persuasion. The teacher of physical education in educational institutions is considered a distinguished model for the leader who is responsible for leading the students in the lesson in particular and in the school in general because he is a role model for the students and the most influential of the rest of the teachers because of his closeness to them.

From this, the research problem can be extracted, which is to reveal the role of the teacher of physical education in enhancing leadership skills among students of the preparatory stage for boys in the city of Amarah, the center of Maysan Governorate, Maysan Governorate in Iraq.

#### **Search aims:**

The aim of the research is to identify the role of the physical education teacher In enhancing leadership skills among middle school students in the city of Amarah, Maysan Governorate, Maysan Governorate, Iraq.

#### Where to search:

The human field: physical education teachers in preparatory schools in the district of Amarah, the center of Maysan Governorate.

**Time range:** for the period from 15/11/2022 to 25/2/2023.

spatial domain: Preparatory schools in the district of Amarah, the center of Maysan Governorate.

### Research Methodology and Field Procedures:

The researcher used the descriptive survey method to suit the nature and objectives of the study.

#### Research community and sample:

The research community consisted of teachers of physical education in the preparatory stage for boys Only in the city of Amarah, the center of Maysan Governorate in Iraq, and there are (93) teachers for the academic year 2021-2022 AD, according to the data of the Planning Department in the Maysan Education Directorate.

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, which numbered (36) schools in the city of Amara, the center of Maysan Governorate. The number of the sample was (80) teachers , and its percentage was (86.02%) from the research community. Their questionnaires, so that the number of the sample becomes infinite (77) teachers, and its percentage is (96.25%).

#### Tools used in the research: The researcher used the following tools:

First: observation: through the researcher's observation and follow-up of physical education lessons in middle schools.

Second: the questionnaire: the researcher prepared a questionnaire form related to his research.

#### Field research procedures:

The researcher prepared a questionnaire, in addition to the questionnaires used in previous studies related to this research, such as the study (Al-Adwani '2014), the study of (Abu Tame'a 2013 AD). The researcher also used the five-point Likert scale, and the response ranges from (very few) and is given one degree, and (a little) is given two degrees, and (moderate) is given three degrees, and (large) is given four degrees, and (very large) is given five degrees, The number of paragraphs of the questionnaire in its initial form was (40 paragraphs), and (10 paragraphs) were deleted according to the opinions of the arbitrators and experts, so that the number becomes (30 paragraphs) in the final form.

The questionnaire consists of five axes (organizational skill, self-skill, technical skill, human skill, and intellectual skill). Each of the five axes includes six items, so that the total of the final scale items is (30) items.

#### **Exploratory experience:**

After preparing the scale in its initial form, the exploratory experiment was conducted before the final application of the scale at an appropriate time, by testing the scale on a sample consisting of (10) teachers of physical education and sports sciences in preparatory schools in the city of Amarah, Maysan Governorate, for the period from 11/17/2022 to 11/25/2022.

# Indicators of validity and reliability of the scale: scale validity:

The scale was presented to a number of (10) experts, and the purpose was to verify the suitability of the scale items used to measure the role of teachers of physical education and sports sciences in promoting leadership skills and their belonging to the field within which they were placed. Some of the paragraphs were modified and others were deleted. You did not get an approval rating (80%) of the experts' opinions.

The virtual honesty test was measured in order to identify the extent to which the questions are related to each other and the consistency of the study sample's response to the (40) items of the scale in order to reflect the objectives of the study.

#### **Scale stability:**

The Cronpach's Alpha coefficient test was used, as the researcher used this method because it is used in any type of objective and essay questions, as stability was extracted in this way by applying (Kornabach's equation) to the sample of the exploratory experiment using the bag Statistical (spss), as it was found that the value of the scale coefficient is equal to (0.913), which is a high stability indicator.

#### Main experience:

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The scale form, consisting of (5) axes and (30) phrases, was distributed and the questionnaire was applied to the research sample for the period from 12/2/2022 to 2/25/2022.

#### **Statistical treatment:**

The researcher used the statistical program (SPSS) version (24) to process the results.

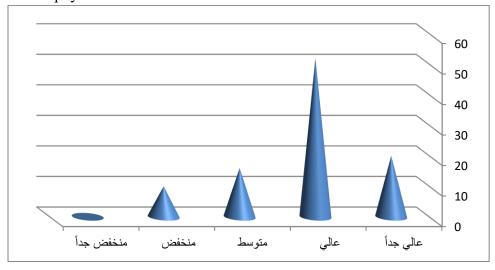
Presentation and discussion of the results of the level of leadership skills of teachers of physical education In the city of Amarah, the center of Maysan Governorate : schedule (1)

I t shows the arithmetic mean and standard deviation of the application sample of the measure of leadership skills for teachers of physical education in the city of Amara, the center of Maysan Governorate.

the level standard deviation		Arithmetic mean	the scale		
high	38,95	201,66	Leadership skills		

The above table shows us the level of leadership skills of the physical education teacher He obtained an arithmetic mean (201.66) and a standard deviation (38.95), and he fell in the (high) level, as we see through that that the teachers were distributed on several levels, which are (very high), (high) and (average). And (low) and (very low), and this indicates that there is a variation in the levels of leadership skills of physical education teachers. And the frequency chart shows that. Figure (1)

of leadership skills for physical education teachers Levels



Schedule (2)

Shows raw scores, levels, number and percentage of a scale ,Leadership skills in the city of Amarah Maysan Governorate

percentage	the number	raw degree	levels
%20.40	20	126 - 150	very high
%53.06	52	02 1 - 125	high
%16.32	16	78 - 102	middle
%10.20	10	54 - 77	low
%0	zero	24 - 53	very low

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in the city of leadership skills of physical education teachers shows a disparity in the levels of (1 the sample was, From the students' point of view. Amarah, the center of Maysan Governorate distributed on several levels, as table (2) shows that the students who reached a very high level numbered (20) students, i.e. (20.40% (an, d the high level (52) .students, i.e (53%). 06.0 and,% the intermediate level is (16) .students, i.e16.32 % and the level is low (10) students, i.e. (10.20%) ( and the level is very low (no There are students). The researcher attributes the reason for the teachers leadership skills for teachers of physical obtaining the level (very high and high) in the measure of to the ability of teachers to apply the principles of leadership while dealing with students education in every situation of the teaching environment, as well as their possession of flexibility in the use of leadership methods as required. circumstances and their emphasis on the importance of mutual trust between them and the students and between the students themselves and motivating, directing and as . following up the students that transaction Kindness with which teachers treat their students Availability trust And reassurance and credibility They have as out them help Adaptation with an environment acquisition and club his culture Easily and merger with and this is indicated by, Others (Jamal Muhammad Ali 2009) "that the successful leader is the person who works to create the appropriate climate for work and the formation of group spirit among workers and their participation in decision-making," in addition to clarifying goals(Ali, 2009) and striving seriously to achieve them. Not to mention the teachers' sense of poise Irritability, calmness and lack of emotion, which are considered among the important characteristics that the teacher must possess, because he is in constant and continuous contact, whether with the administration in the school or with the students in lessons or matches. Therefore, the teacher must control himself so that he can think intelligently and take action. The right decision and maintain his relations with others, It can be said that leadership skills are extremely important because they express the ability of leaders to deal with various current and future situations, circumstances, successive events, and rapid developments in the various fields of life in general and sports, especially those that made the process of change inevitable. Taking into account the common goals and aspirations of the school administration and the students and the degree of their preparedness and readiness, and this is confirmed by this (Ivancevich & Matteson, 2002) What is meant by readiness It is the extent to which workers are able to accomplish tasks, the availability of experience, or the desire to complete the work and take responsibility, and the extent to which it is possible to be assured of their capabilities and ability to perform properly. (Ivancevich, J.M., & Matteson, M.T, 2002)

As for the teachers who obtained a level (average) in the leadership skills scale of a C teacher Physical education is due to the fact that the teachers did not give full importance in performing some important duties and taking care of side matters and duties and not allocating sufficient time for the process of guidance, issuance of orders and decision-making, and this is confirmed by (Mahmoud Dawod AND Ahmed Badri Hussein that 2009) features "Leader that take the decision the appropriate to all cases own And the emergency that guide him and set an example, others to get rid of them Lack of interest in providing students with appropriate behaviour, standards and attitudes towards performance, spreading a spirit of cooperation while taking into account individual differences, as well as detecting mistakes and working to fix them, especially during the course of the training process. They also showed some indifference in assuming responsibility, which negatively affected and preserving their keenness and accuracy in performing the task entrusted to them by respecting

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. time seriousness And in and tilt thinking to the job \_ automatically Without the need to Sergeant "external(Al-Rubaie & Ahmed Badri Hussein, 2009).

As for the teachers who got a level (low and very low) In measuring the leadership skills of physical education teachers In the city of Amarah, the center of Maysan Governorate, it is due to the lack of experience, the weak personality of the teacher, the lack of self-confidence, and the lack of emphasis on the positive behaviors of the students. And towards the teaching process for the best and with the teacher not taking a leadership position in solving the problems that occur in the lesson, as they did not pay attention to motivating the students and showing their latent energies, and they did not have the elements of courage such as daring, daring, and not being afraid of expression, opinion as well as the initiative in solving the problems and difficulties that face it at the level of the school or the students." The leader works to achieve the goals of the group and modify their behavior and increase its cohesion and solidity in order to ensure their obedience, respect, trust and cooperation) Ali.(2009 of the school or the students).

#### **Conclusions and recommendations:** (Al-Tal, 2014)

#### **Conclusions**

The researcher reached the following conclusions:

- 1- A questionnaire on the leadership skills of physical education teachers in the city of Amarah, Maysan Governorate, was constructed .
- 2- It was concluded that the role of teachers of physical education in Maysan governorate in promoting leadership skills came at a high level in all aspects.
- 3- Educational institutions in Iraq should benefit from the experiences of developed countries in the field of leadership skills for teaching and educational cadres in general and physical education in particular.

#### **Recommendations:**

In light of the results and conclusions, the researcher recommends the following points:

- 1- The importance of equipping schools with the necessary sports tools and equipment that contribute effectively to the development of leadership skills.
- 2- It is important for the physical education teacher to be physically and psychologically empowered to be a role model for the students.
- 3- Holding training courses that contribute to developing the teacher's leadership skills.
- 4- Urging the Ministry to direct researchers to write research and studies on the subject of leadership skills.
- 5- It is important to involve school students, especially preparatory schools, in assuming responsibility and carrying out many activities that develop and enhance leadership skills to be future leaders.

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# Appendix No. (1) questionnaire form

Leadership Skills Scale:Leadership skills: It is a set of cognitive, personal, and technical attributes and capabilities with efficiency and effectiveness that a leader possesses in order to carry out their work easily, accurately, and quickly to achieve the required goals. (Al-Shaer, 2016 AD).

First: The axis of organizational skill: It means the need to know organizational theories and organizational development and to use concepts and theories to interpret administrative phenomena and predict the needs of future organization. (Abdul Halim Jabr Nazzal and others, 2016 AD).

T	Phrase	Very few	few	Medium	big	Very
						large
1	Do you make sure that the students enjoy the spirit of					
	?one team					
2	She is keen to involve the students in organizing the					
	.lesson exercises					
3	Do you care about students' needs and try to meet					
	?them					
4	Are you keen to give students freedom during sports					
	?activity					
5	Are you keen on distributing tasks to students					
	?according to the ability of each student					
6	Are you keen to organize the physical education					
	?lesson according to activities and needs					

Second: Self-skill: It is the teacher's readiness from the physical and physiological aspects, in addition ,to the intellectual and creative readiness and the ability to diagnose and solve problems. (Ali Walid (AD 2014

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T	Phrase	Very few	few	Medium	big	Very large
1	Do you encourage students to express ?their opinions openly					
2	Do you focus on middle school students enjoying exemplary sports relations ?with competitors					
3	Do you focus on the mental health of the student because it is an important aspect					
4	Do you emphasize on the students to pay attention to physical health					
5	Have the students create bodily movements					
6	Do the students cooperate with you to complete the physical education lesson ?to the fullest					

Third: Technical skill: which requires specialized knowledge in the field of group leadership. It is important for the leader to know the technical aspects in his field of specialization. (Abdul Halim Jabr (Nazzal and others, 2016 AD

Phrase	Very	few	Medium	big	Very
	few				large
Do you focus on students taking responsibility					
?while competing with other school teams					
Do you emphasize that students enjoy maturity					
and emotional balance, whether in practice or					
?matches					
Are you keen to provide positive feedback to					
?students					
Do you make sure that students know the					
smallest details of the exercises that they will					
?practice					
Do you emphasize that students have fun while					
?performing physical exercises					
Are you keen to simplify the exercises and not					
complicate them so that the student develops his					
?artistic and other skills					
	Do you focus on students taking responsibility ?while competing with other school teams  Do you emphasize that students enjoy maturity and emotional balance, whether in practice or ?matches  Are you keen to provide positive feedback to ?students  Do you make sure that students know the smallest details of the exercises that they will ?practice  Do you emphasize that students have fun while ?performing physical exercises  Are you keen to simplify the exercises and not complicate them so that the student develops his	Do you focus on students taking responsibility ?while competing with other school teams  Do you emphasize that students enjoy maturity and emotional balance, whether in practice or ?matches  Are you keen to provide positive feedback to ?students  Do you make sure that students know the smallest details of the exercises that they will ?practice  Do you emphasize that students have fun while ?performing physical exercises  Are you keen to simplify the exercises and not complicate them so that the student develops his ?artistic and other skills	Do you focus on students taking responsibility ?while competing with other school teams  Do you emphasize that students enjoy maturity and emotional balance, whether in practice or ?matches  Are you keen to provide positive feedback to ?students  Do you make sure that students know the smallest details of the exercises that they will ?practice  Do you emphasize that students have fun while ?performing physical exercises  Are you keen to simplify the exercises and not complicate them so that the student develops his ?artistic and other skills	Do you focus on students taking responsibility ?while competing with other school teams  Do you emphasize that students enjoy maturity and emotional balance, whether in practice or ?matches  Are you keen to provide positive feedback to ?students  Do you make sure that students know the smallest details of the exercises that they will ?practice  Do you emphasize that students have fun while ?performing physical exercises  Are you keen to simplify the exercises and not complicate them so that the student develops his ?artistic and other skills	Do you focus on students taking responsibility ?while competing with other school teams  Do you emphasize that students enjoy maturity and emotional balance, whether in practice or ?matches  Are you keen to provide positive feedback to ?students  Do you make sure that students know the smallest details of the exercises that they will ?practice  Do you emphasize that students have fun while ?performing physical exercises  Are you keen to simplify the exercises and not complicate them so that the student develops his ?artistic and other skills

Fourth: The human skill: which is the ability to deal with others, and this requires knowing the patterns of human behavior in order to be able to deal with others. (Abdul Halim Jabr Nazzal and others (AD 2016)

T	Phrase	Very	few	Medium	big	Very
		few				large
	Do you care about students' problems and					
1	?finding solutions to them					
	Do you seek to have a good relationship with					
2	?students					

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	Do you encourage students to work within a			
3	?team			
4	Do you work to enhance students' self-			
	?confidence			
	Do you encourage students to good behavior			
5	and work to develop them			
	Do you make sure that the students do the			
6	?exercise with you			

Fifth: Intellectual skill: It is the need for the availability of scientific skills and extensive experience among individuals in charge of achieving development, such as preparing studies, conducting scientific research, and others. (Abdul Halim Jabr Nazzal and others, 2016 AD)

T	Phrase	Very	few	Medium	a lot	too
		few				many
	Do you seek to divide the students into groups					
	?according to their abilities and abilities					
1						
	Are you keen to follow the students while they					
	perform the exercises to make sure that they					
2	?have the required capabilities					
	'Are you interested in listening to students					
	opinions about the activities they practice					
3	?during the lesson					
	'Are you interested in following up students					
4	?performance to raise their level					
	Do you make sure that the students adhere to					
	?good behavior during the lesson					
5						
	'Are you interested in raising students					
	intellectual skills and the extent of their					
	reflection on the activities carried out by					
6	?students					